

Your Mature Seductress

# PRIVATE

Issue One

August 2026

**SEX.CHATS  
LAUGHTER**

**Inside this issue**

Services, practical information  
answers to your most common  
questions and a more personal  
glimpse into my world

**ONE WOMAN  
MANY  
POSSIBILITIES**

Some seek warmth, affection and meaningful connection.  
Others are drawn to confidence, playful authority and carefully  
explored fantasies. Whatever brings us together, every meeting  
is shaped by trust, communication and authenticity.

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# *A peek* INSIDE

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*A few things you may not know about me*

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# ABOUT ME

I LIKE TO THINK BEING  
A COMPANION IS MY  
CALLING

I have always been open-minded about my connection with men and playful by nature.

That curiosity, combined with a naturally flirtatious personality, has ultimately led me here. It certainly isn't for everyone, but it is where I feel most at ease.

I genuinely enjoy getting to know people from all walks of life and creating lasting memories together. Even if we only spend a few hours together, I find it incredibly rewarding to help others explore their fantasies, share a secret and experience a space where they can simply relax and be themselves.

For many, spending time with a professional companion isn't only about physical intimacy. It's about being seen, feeling desired and finding a genuine connection, even if only for a moment. Sometimes, receiving kindness, attention and affection can be deeply meaningful. Being able to offer that to another person is one of the most fulfilling parts of what I do.

The smiles I receive in return are the greatest compliment I could ask for. I draw much of my energy from giving, and at the end of the day, I believe the experience should leave both of us feeling happier than when we first met. Otherwise, I wouldn't be here.



Growing up, I loved imagining a different character each morning and spending the day becoming that person. Looking back, perhaps that's why I still enjoy stepping into different roles today. With both my Moon and Ascendant in Gemini, it's probably in my nature to embrace different sides of my personality. Some days I feel naturally romantic and sensual, while on others my more confident and assertive side takes the lead. Over the years, I've learned to move effortlessly between these different expressions of myself, right down to the outfits I choose.

A rendezvous with me can range from an attentive GFE to playful roleplay or a more assertive dynamic.

I hope these pages have given you a glimpse of who I am. If you feel we'd be a good match, I'd love the opportunity to create something memorable together.

# R

## *exploring* SERVICES

Every rendezvous has its own beginning. It might start with a message, a fantasy, browsing photos or simply the desire to meet someone new



The following pages are intended as a guide to the many ways we can spend time together, rather than a fixed menu of services. Think of them as an insight into my own preferences interests and sexuality, rather than a guarantee of what every encounter will include.

You'll also find a glossary of common abbreviations and a few practical notes to help avoid misunderstandings and make planning our time together as straightforward as possible. While some meetings unfold naturally, others rely on chemistry, clear communication, trust and mutual comfort.

# *from A-Z*

*An alphabetical overview*

|                        |                      |
|------------------------|----------------------|
| 69                     |                      |
| <i>Anal sex, Greek</i> | + 100 eur / 1 500 kr |
| Blindfold              | ◆                    |
| CIM                    |                      |
| COB                    |                      |
| <i>Couples</i>         | +50% fee             |
| Crossdressing          |                      |
| Cuddle                 |                      |
| Deep throat            |                      |
| DFK                    |                      |
| Light Domination       |                      |
| Edging                 |                      |
| Erotic massage         |                      |
| Fingering              |                      |
| Foot Fetish            |                      |

|                            |                                 |
|----------------------------|---------------------------------|
| GFE                        |                                 |
| Golden Shower, Wet         | + 50 eu / 500 kr                |
| Handjob                    |                                 |
| Humiliation                | ◆                               |
| Kissing                    |                                 |
| Masturbation               |                                 |
| Nipple squeezing           | ◆                               |
| Oil massage                |                                 |
| OWO                        |                                 |
| <i>Photos without face</i> | + additional fee upon agreement |
| Pegging                    |                                 |
| Prostate massage           |                                 |
| Pussy licking              |                                 |
| Queening                   |                                 |
| Relaxation massage         |                                 |
| Rimming                    | <i>/ receive only</i>           |
| Role Play                  |                                 |



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|                            |                     |
|----------------------------|---------------------|
| Sex toys                   |                     |
| Sex in different positions |                     |
| Sissy training             |                     |
| Slaves                     |                     |
| Snowballing                |                     |
| Spanking                   | ◆                   |
| Spitting                   | ◆                   |
| Swallow                    | + 100 eu / 1 000 kr |
| Strap-On                   |                     |
| Sex toys                   |                     |
| Swingers club              | + 50% fee           |
| Tea-bagging                |                     |
| Trampling                  | ◆                   |
| Whipping                   | ◆                   |

◆ Services I **actively** provide

*The services listed throughout these pages reflect my own interests, preferences and sexuality. Every encounter is unique, shaped by trust, respect and mutual comfort.*



This chapter is currently being  
prepared and will be included in  
the next edition of Private

The following notes are simply intended to make our time together as relaxed, enjoyable and effortless as possible. A little preparation goes a long way.



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## Special Requests

*If you have a special request, please let me know well in advance. Some services require additional preparation, and planning ahead helps me create the best possible experience*

## Preparation

*If you'd like to include **strap-on** play, please note that preparation is required beforehand. I kindly ask that you familiarise yourself with the recommended guidelines in advance. This helps ensure a safe and enjoyable experience for us both.*

*Recommended preparation resources can be found on the following page*

## Personal Presentation

*Please arrive clean, well-groomed and ready to relax. Freshly filed nails and good personal hygiene are always appreciated. If you've booked an in-call appointment, you're welcome to freshen up on arrival*

## Punctuality

*I prepare and reserve my time exclusively for you, so arriving on time is greatly appreciated*

## Payment

*I prefer to take care of the practicalities upon greeting, allowing us both to relax and enjoy the rest of our time together without interruption*

## Educational Resources

For guests interested in receiving anal play as part of our meeting, I kindly ask that you prepare beforehand. Proper preparation helps ensure a safe, hygienic and enjoyable experience for us both.

The resources below offer clear guidance on preparation and hygiene. A little preparation goes a long way.

Thank you for taking the time to read through them before our meeting.



### **Healthline**

General preparation and hygiene



### **Bespoke Sugical**

Information about anal douching



### **Lovehoney Advice**

A beginner's guide to anal play

*The resources above are provided for educational purposes and reflect information available at the time of publication*



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## **Alcohol & Drugs**

*I have zero tolerance for alcohol or recreational drugs during our meeting. I believe the most enjoyable experiences are created when we're both relaxed, present and clear-minded*

## **Boundaries**

*Every meeting is built on mutual respect, good communication and common sense. While I'm naturally open-minded, I reserve the right to decline or end an appointment if I feel uncomfortable or if my boundaries are not respected*

## **Respect**

*Consent is sexy. Mutual respect, good manners and clear communication are the foundation of every enjoyable encounter*

## **My Incall**

*I take great pride in the presentation and cleanliness of my incall location. Please treat my surroundings with the same care and respect*

## **Privacy**

*Discretion is important to both of us. Just as I respect your privacy, I ask that you don't take photographs or videos unless we've agreed otherwise beforehand*

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Thank you for taking the time to read these notes. They help ensure that every meeting begins with the right expectations and ends with wonderful memories.

# FAQ

No two guests are quite the same, and neither are their questions.

The following pages answer many of the things I'm most frequently asked and should help make planning our time together as smooth and straightforward as possible.

**How do I make a booking?**

Simply let me know your preferred date, time, location, meeting duration and any special requests by submitting an **enquiry** through my website. I'll reply as soon as possible, usually within 24 hours

**What is your preferred method of contact?**

For initial contact, I kindly ask that you use the enquiry form on my website. Once we've met, established clients are welcome to contact me by email to [info@swedishharmony.com](mailto:info@swedishharmony.com) or via WhatsApp

**Can I contact you just to chat?**

I'm always happy to answer genuine booking enquiries and practical questions. However, I don't offer extended online chatting or virtual companionship. My time and energy are dedicated to creating meaningful experiences in person, and I'd rather invest them in the guests I meet than conversations that never leave the screen. *Thank you for understanding*

**Is it safe and discreet to visit your in-call?**

Yes. Your privacy and discretion are just as important to me as my own. I have a life outside my work and take great care to ensure every meeting remains private, respectful and low-profile. My in-call location has been carefully chosen to provide a comfortable and discreet environment where guests can arrive and leave without unnecessary attention. Having worked professionally in and outside Sweden for many years, I have refined my routines to make the experience feel as natural and relaxed as possible. If I didn't consider it safe and discreet, I simply wouldn't invite guests there

**How far in advance should I book?**

For shorter meetings booking a few days in advance gives me peace of mind and time for both of us to get in the mood. For weekends and travel a few weeks in advance will ensure better availability and sufficient time to make arrangements around the meeting. However you can always try your luck and see if the stars align

**Can I see you on short notice?**

I don't offer drop-in appointments, so I'm unfortunately not available "right now" or within the next few minutes. Preparing both myself and my surroundings is an important part of the experience I aim to create, and I also value a healthy balance between my professional and private life. That said, I can occasionally accommodate short-notice requests, particularly while touring. You're always welcome to reach out — you might just catch me at the right time

**Do you require a deposit?**

Shorter meetings do not currently require a deposit. However, *extended dates* (+ 4 hrs), *overnight* bookings and *travel* arrangements do require a deposit to secure my availability and provide reassurance for us both. Please refer to my enquiry page for further information about deposits, terms and conditions

**Do you offer discounts?**

No. My rates reflect not only the time we spend together, but also the care, preparation, discretion and experience I bring to every meeting. I therefore don't offer student, loyalty or last-minute discounts. If my rates are outside your budget, I completely understand and wish you all the very best in finding a companion who suits your needs

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**Do you offer longer bookings at your in-call?**

I can accommodate bookings up to 3-4 hours at my place. Meetings longer than that are required to include some activity outside the bedroom such as a cosy lunch, museum visit, concert or lingerie shopping

**Can we extend our meeting?**

If my schedule allows, I'd be delighted to continue spending time together. Unfortunately this isn't always possible, so if you think you'd enjoy longer together it's usually better to book extra time from the beginning

**What is your preferred method of payment?**

Cash is always welcome for your discretion. However, I generally prefer cashless payment methods such as Revolut, Wise, PayPal, bank transfer (for advance payments), BitCoin and Swish (for Swedish guests). If you have a preferred payment method, simply let me know in advance

**Why do I have to cover your taxi/uber for an outcall?**

Travel expenses are not included in my companion fee. Arranging for my travel is gentlemanly and gives me assurance that you are serious about your booking. You can either book the taxi yourself or send me the amount that will cover my expenses through one of the instant payment apps

**Why do I have to prepay for certain services?**

I am very particular with the quality of services I offer and in some cases I need extra preparation to ensure a positive experience. This requires time, effort and takes a toll on my physical self. A prepayment is required simply to ensure I do not abuse myself if you are not serious about your plans

**Can you accompany me to events?**

Whether it's dinner, a concert, a business function or a weekend away, I blend naturally into the occasion while always maintaining complete discretion

**Can I meet you during the night?**

I am available daily between 11am and 10pm. I don't offer appointments around the clock, as I prioritize my physical and mental wellbeing to ensure you meet a balanced, well-rested and delightful woman. For shorter meetings of up to two hours, my latest appointment begins at **9:30pm**.

Dinner dates and longer engagements generally begin no later than **7:00pm**, allowing us to enjoy the experience without feeling rushed. On occasion, I may be able to extend my availability for longer bookings by prior arrangement.

Messages, emails and booking enquiries received outside my working hours will be answered the following day

**Will we be up all night when I book an overnight?**

An overnight booking usually starts around 6pm with a romantic dinner and the two of us getting to know each other on a deeper level. I like to use this time to feel into who you are as a person. Things might unfold later in your hotel room but I like to close my eyes by midnight so we can enjoy breakfast together before we say our goodbye

**Can we shower together?**

Whilst sharing a shower can be a turn on for many, I prefer to keep bathroom moments private. I don't enjoy playing around together in water much and as such do not offer this service. There are however a number of other activities we can enjoy together - even wet ones but a different genre

**Can I request a specific outfit?**

Reasonable wardrobe requests are welcome, I will try to accommodate to my best ability. Please make sure you think around the style presented in my photos. During city tours my possibilities are limited, please inquire for my current outfit list to be able to make your choice. Should you wish for me wear something I do not have, gifts are always appreciated - please inquire for my exact size

**Can you wear something sexy when we meet?**

Of course, but "sexy" means different things to different people. What feels incredibly sexy to one person may do very little for another. Tell me what you have in mind, and I'll do my best to accommodate your preferences

**What outfits do you feel sexy wearing?**

I consider my legs to be one of my best features, so you'll often find me highlighting them with stockings, stay-ups or elegant pantyhose paired with a dress or skirt. I naturally gravitate towards a feminine style and always make an effort to dress beautifully for our meeting, unless you've requested something different in advance

**Can I choose any outfit while you are on tour?**

I wish I could bring my entire wardrobe with me, but unfortunately my suitcase has other ideas. My travel collection is carefully selected and therefore more limited, so please enquire in advance if you have something specific in mind

**Can you change outfits several times during our rendez-vous?**

I'm always happy to accommodate reasonable outfit requests, but during shorter meetings I'd rather focus on discovering your sweet spots than rushing through a wardrobe full of clothes. If you'd like to enjoy a variety of outfits, I recommend booking 4, 6 or 12 hours so we have plenty of time without feeling rushed

**What will you wear when we meet?**

I always aim dress for the occasion: from an evening gown to the opera, through a smart dress to a business event and a pair of jeans to the cinema, all the way to hiking boots to the mountains. Typically for dinner dates I will wear a pretty dress with high heels with a spicy surprise underneath

**Do you have sex toys?**

I'm more of a believer in real than plastic, glass, rubber or metal. While I do have a small selection of toys and accessories, they're mainly intended for use on my guest rather than on myself. I don't own a dungeon full of gadgets, as they simply aren't a major part of my personal preferences. If you're curious about something specific, just ask in advance and I'll happily let you know what's available

**Do you offer striptease?**

No. The services listed on my website or any third party platforms are an accurate reflection of what I genuinely enjoy. Striptease just make me feel silly

**Do you kiss?**

Most of the time, yes. Kissing is something I prefer to develop naturally rather than rush into. It may take a little time for me to warm up and feel comfortable enough to share that level of intimacy. Whilst your satisfaction is important to me, I ask for a little patience and understanding if it doesn't happen immediately. *Good personal hygiene, fresh breath and respectful manners are expected*

**Can we have penetration without protection?**

This question is off the table and will not be offered under any circumstances. In fact I find the question offensive and an absolute turn off. As a professional companion I take pride in and prioritize my health and wellbeing. This measure is essential to show respect towards my clients and ensure everyone's safety. *Please refrain from asking or you might not be able to book an appointment with me*

**Are your photos genuine?**

Yes. The photographs on my website are recent and accurately represent how I look today. I intentionally avoid heavy editing or filters so there are no surprises when we meet

**Can you send me photos?**

I do not have Onlyfans and do not offer this kind of service. I like to remain discrete in a world where most people share every aspect of their lives online. Photos displayed on my website or in advertisements are always recent and up to date. My pictures are barely retouched in order to avoid any misunderstandings or disappointments upon meeting. Should you question my existence please check my verified mark and read through my reviews on any of the third party platforms listed on my *Links & Review* page

**Can I take a photo or video of you?**

Whilst your privacy is my priority, I kindly ask that you respect mine in return. I prefer our shared moments to remain just that - shared only between the two of us. By prior agreement, I may offer discreet, faceless photographs as an additional service (fees apply). Video recording is not available

**Do you offer online services (chat, webcam)?**

In a rather digitalised world I aim to remain in the physical moment where scents, feelings, energies and actual human touch add to the experience. Meeting me is only available in the here and now at this time. Let's stay real

**Is everything on your service list guaranteed?**

Whilst I always strive to create a memorable experience and accommodate as many wishes as possible, every meeting is unique. Some activities depend on factors such as personal hygiene, mutual chemistry, comfort and physical compatibility. The services listed on my website are intended as a guide rather than a guarantee. As with any intimate encounter, everything we share should feel natural, consensual and enjoyable for both of us

**Should I bring something to drink?**

I do not indulge in alcohol or drugs. I prefer you do not arrive under the influence or drink at my place either. Should we decide to go out for dinner, it is of course your call to enjoy a drink or two but I suggest you do so responsibly. If you are looking to spoil me, I do like my sparkling water, green tea and chocolates

**Do you smoke?**

No, and I appreciate if you refrain from smoking prior our meeting

**Can I suggest a nail polish colour?**

Not really. I have my manicure and pedicure professionally done every fortnight, so the colour is chosen at the time of my appointment and remains the same until my next visit. I generally favour light, natural shades that complement my overall style

**Is there anything else I should know?**

Come with an open mind, good manners and a willingness to communicate. The rest usually falls into place naturally

*I hope these answers have been helpful. If there's anything else you'd like to know, I'll be happy to answer when you get in touch. I look forward to hearing from you - hopefully even meeting you soon.*

# Thank You

*Every memorable encounter begins with mutual respect, awareness, open communication and a little anticipation.*

*Thank you for taking the time to get to know me.  
I look forward to hearing from you*

*Lynda .*